

Practice Management Insight

A report on events affecting behavioral health and substance abuse providers

September 2016

OrionNet Systems - Moving to Version 3.0

Over the next year, OrionNet Systems will begin some major changes to ThinkHealth moving into version 3.0. Version 3.0 will be faster, more optimized, have a better look and feel, and a cleaner design that will give you more options.

Version 3.0 will come with many new tools and some major Microsoft enhancements. To get the system where it needs to be we have to upgrade a lot of our structure. We will no longer support older servers and older SQL servers. We will be upgrading to newer Microsoft technology. For Data Host clients we have already started this move. For those who have their own servers, there will need to be some system upgrades or will need to consider becoming Data Hosted. There will be new functionality that will not be available except through Data Host (Example: using the new Think Jottable phone app, credit card payment of your bill, imbedded training area in ThinkHealth, etc.). Much of this has to be done on our own servers so the systems have to be here in our Cloud.

As we continue to develop and move to 3.0 OrionNet Systems will keep you up to speed on where we are at with these changes and upgrades. We thank you for your continued support and customer loyalty as we strive to make Version 3.0 and ThinkHealth better for your agency.

[More Information](#)



Rate Change from OHCA/ODMHSAS

Beginning September 1st 2016 OHCA's H0031 Assessment code will be billed at a lower amount and H0031 TF (low complexity) will no longer exist. This change happens today for SoonerCare agencies but becomes effective October 1st for ODMHSAS contracted sources.

OrionNet Systems will be making the necessary changes to the rates with in ThinkHealth. Our team will be testing the codes and making sure they work with the new rates for the SoonerCare agencies. We will get the new rates deployed to you

MARK YOUR CALENDAR

September 1 – 30
National Cholesterol Education Month
Cholesterol Month

September 1 – 30
National Recovery Month
National Recovery

September 1 – 30
World Alzheimer's Month
World Alzheimer's Month

September 1 – 30
Sexual Health Awareness Month.
Sexual Health Month

September 5
Labor Day

September 6
Tribal Consultation
OHCA
[More Information](#)

September 7
2016 Specialty Court Conference
ODMHSAS
[More Information](#)

September 14
OHCA Board Meeting
OHCA
[More Information](#)

September 15
Medical Advisory Committee Meeting
OHCA
[More Information](#)

September 17
Medical Advisory Committee Meeting
OHCA
[More Information](#)

September 18
ODMHSAS Board Meeting-
OKC
[More Information](#)

September 21
National School Backpack

ThinkHealth. Our team will be testing the codes and making sure they work with the new rates for the SoonerCare agencies. We will get the new rates deployed to you by late Thursday or early Friday. At that time the Mental Health Low Complexity service will be turned off.

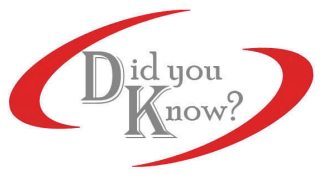
OrionNet Systems, team will be contacting all agencies involved and we will post a message to show up in ThinkHealth. Thanks for your continued participation and patience.

<p>Helping Kids Cope With Stress</p>	<p>Brain peptide research may lead to promising new treatments for mental illnesses</p>
<p>To adults, childhood can seem like a carefree time. But kids still experience stress. Things like school and their social life can sometimes create pressures that can feel overwhelming for kids. As a parent, you can't protect your kids from stress — but you can help them develop healthy ways to cope with stress and solve everyday problems.</p> <p>More Information</p>	<p>Recent research points to the importance of a molecule called relaxin-3 in the brain, with effects on various processes and behaviors such as mood, stress, and cognition. Because these are often aberrant in mental illnesses, investigators are studying the potential of relaxin-3-based interventions to treat depression, anxiety, and other conditions.</p> <p>More Information</p>

September 21
National School Backpack Awareness Day
 Back to School
[More Information](#)

September 22
 Fall Prevention Day
[More Information](#)

September 28
National Women's Health and Fitness Day
 World Heart Federation
[More Information](#)



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SEPTEMBER is ...

National Alcohol and Drug Addiction Recovery Month

“Promotes the societal benefits of treatment for substance use and mental disorders, celebrates people in recovery, lauds the contributions of treatment providers, and promotes the message that recovery in all its forms is possible. *Recovery Month* spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective and people can and do recover.” The 2011 *Recovery Month* observance aims to educate the public on the positive changes that national health care reform will have on access to needed recovery services for substance use and mental disorders.

recoverymonth@samhsa.hhs.gov
www.recoverymonth.gov

Heredity a major factor in ADHD, binge eating and alcohol dependence

It is principally hereditary factors that lie behind adults with ADHD often developing alcohol dependence and binge eating. This is the conclusion of a doctoral thesis from Linköping University. Since heredity plays such a large role, it is important that ADHD is treated at an early stage, and that measures are taken to prevent individuals developing these disorders later in life.

Attention deficit hyperactivity disorder (ADHD) has received most attention in children, but 2.5-5% of the global adult population also has ADHD. Andrea Johansson Capusan, consultant in psychiatry, focusses in her thesis on binge eating and alcohol dependence in adults with ADHD symptoms. Both disorders are more common in adults with ADHD than in the general population. Andrea Johansson Capusan has investigated in particular how much of the correlation between the disorders can be explained by hereditary factors and how much by environmental factors.

[More Information](#)

<p>People with alcohol dependency lack important enzyme</p>	<p>Negative experiences on Facebook linked to increased depression risk in young</p>
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People with alcohol dependency lack important enzyme

A research group under the leadership of Linköping University Professor Markus Heilig has identified an enzyme whose production is turned off in nerve cells of the frontal lobe when alcohol dependence develops. The deficiency in this enzyme leads to continued use of alcohol despite adverse consequences.

The discovery is now published in the number-one ranked psychiatric journal from the *Nature Publishing Group*, and could mean completely new possibilities for treating alcoholism. We've worked hard for this. The enzyme, PRDM2, has previously been studied in cancer research, but we didn't know that it has a function in the brain," says Markus Heilig, professor of psychiatry and head of the Center for Social and Affective Neuroscience (CSAN) at Linköping University.

[More Information](#)

Negative experiences on Facebook linked to increased depression risk in young adults

A unique new study of young adults finds that negative experiences on Facebook may increase the risk of depressive symptoms, suggesting that online social interactions have important consequences for mental health.

In the first study of its kind, public health researchers show that young adults who reported having negative experiences on Facebook — including bullying, meanness, misunderstandings or unwanted contacts — were at significantly higher risk of depression, even accounting for many possible confounding factors.

[More Information](#)


ThinkHealth Forum!
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ThinkHealth Needs Your Feedback!

ThinkHealth was recently added to Captterra's Top Mental Health Software Products list!

Please [click here](#) to give a review on your ThinkHealth System.

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